

# Beyond BOW Family Workshop

## Archery/Fishing/Outdoor Cooking

**Date:** June 25, 2016

**Location:** Gambrill State Park

**Address:** 8602 Gambrill Park Rd, Middletown, MD 21769  
(Meet at Rock Run Area)

**Times:** 8:30am- 3:30pm

**Cost:** \$55 per Family

**Space:** 10 Families\*



\* Participants must be 8 yrs or older. Max of 5 people per family may participate. Parents/guardians must accompany any children and will count towards the 5 max participants per family. NO PETS.

Join our experienced staff in activities that will improve your outdoor skills in a family friendly environment! This Beyond BOW workshop is geared towards families and consists of two sessions, about 2 hours each, plus an Outdoor Cooking Demonstration. Participation in each session is required.

- **Archery** - Participants will learn about bow safety, shooting skills and correct equipment handling. Participants will have the opportunity to try various bows and shoot arrows at targets.
- **Fishing**- Participants will be introduced to the various aspects of fishing and the types of equipment available, including rods and reels. Participants will learn how to rig a fishing rod and tie basic fishing knots. Casting practice and fishing tips will be the focus for the instructional period of the course with some time spent fishing. ***No fishing license required. Gambrill Pond is one of DNR Fisheries Service Free Fishing areas.***
- **Outdoor Cooking** – One of our BOW committee members will be demonstrating some outdoor cooking techniques during the lunch break. Samples of her simple yet delicious campfire recipes will be available to show how good things can taste in the outdoors. Recipes will be provided.



# Registration Form

Beyond BOW Family

June 25, 2016



Name of Parents/Guardians Participating:

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Name of Children Participating (must be 8yrs or older):

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List any food allergies: \_\_\_\_\_

Telephone Day: \_\_\_\_\_ Telephone Night: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Please make checks payable to: "**Friends of MD BOW**". Send completed registration form with payment to:

BOW Registrar  
Friends of MD Becoming an Outdoors Woman  
P.O. Box 3232  
LaVale, MD 21504

Upon receipt of this completed registration form and accompanying payment, we will send you a confirmation letter including necessary health forms for your completion and signature, the agenda for the day, directions to the workshop and photo release forms. We accept mailed in registrations only.

**\*\*A minimum of 25 participant will be required to run this program, if we do not have 25 by the cutoff date of June 10th, we will need to cancel.**

**Cancellation Policy:** In order to receive a full refund, you must cancel 2 weeks prior to the registered event. A 50% refund will be given if you cancel up to one week of the scheduled event for which you have been registered. If you do not cancel prior to one week of the event no refund will be issued. For more information please contact our BOW Registrar at [letha.grimes@maryland.gov](mailto:letha.grimes@maryland.gov) or call 301-898-9724